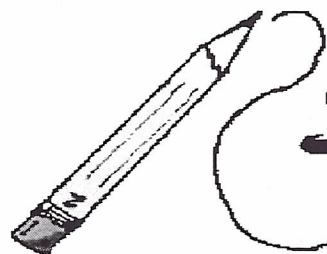
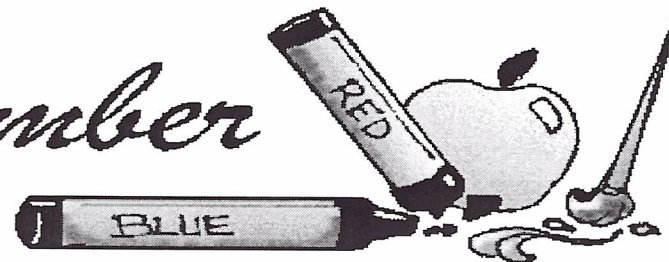


El Mirage Senior Center 2018



September



Monday

Tuesday

Wednesday

Thursday

Friday

<p>³</p> <p>LABOR DAY NO DELIVERY</p>	<p>⁴</p> <p>Spaghetti w/ Meat Sauce Greens Beans Romaine Salad Whole Wheat Bread Diced Peaches</p>	<p>⁵</p> <p>BBQ Shredded Pork Pinto Beans Cole Slaw Whole Wheat Bread Applesauce</p>	<p>⁶</p> <p>Chicken Fajitas w/ Salsa Pinto Beans Gelatin w/ Fruit</p>	<p>⁷</p> <p>Cheese Pizza Garden Salad Apple</p>
<p>¹⁰</p> <p>Baked Chicken Mashed Potato Mix Veggies Whole Wheat Bread Orange Slices</p>	<p>¹¹</p> <p>Soft Beef Tacos Lettuce, Tomatoes & Cheese Peas & Carrots Pineapple</p>	<p>¹²</p> <p>Turkey & Cheese Sandwich Vegetable Blend Soup Whole Wheat Bread Mixed Fruit</p>	<p>¹³</p> <p>Beef Enchiladas w/ Cheese Spanish Rice w/ Tomatoes & Peppers Pinto Beans</p>	<p>¹⁴</p> <p>Salisbury Steak Green Peas Potato Wedges Banana</p>
<p>¹⁷</p> <p>Polish Sausage Mixed Veggies Carrot Raisin Salad Peaches</p>	<p>¹⁸</p> <p>Baked Pork Chop Sweet Potatoes Green Beans Whole Wheat Roll Apple</p>	<p>¹⁹</p> <p>Roasted Turkey Mexican Corn w/ Peppers Cabbage Pineapple</p>	<p>²⁰</p> <p>Baked Chicken Mashed Potato Blended Veggies Whole Wheat Bread Oranged Slices</p>	<p>²¹</p> <p>Cheese Pizza Salad Apple</p>
<p>²⁴</p> <p>Stuffed Bell Pepper Cole Slaw Spinach Cornbread Pears</p>	<p>²⁵</p> <p>Hamburger Lettuce, Tomatoe & Onion Baked Sweet Potato Wedges Banana</p>	<p>²⁶</p> <p>Soft Tacos Spanish Rice Pinto Beans Mixed Fruit</p>	<p>²⁷</p> <p>Grilled Ham & Cheese Tomato Soup Green Beans Season Fruit</p>	<p>²⁸</p> <p>Spaghetti w/ Meat Sauce Greens Beans Romaine Salad Whole Wheat Bread Diced Peaches</p>
<p>MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILIBLITY. ALL PASTA'S AND BREADS ARE MADE WITH WHOLE</p>		<p>KIKSTART INC. 623-266-7578</p>		