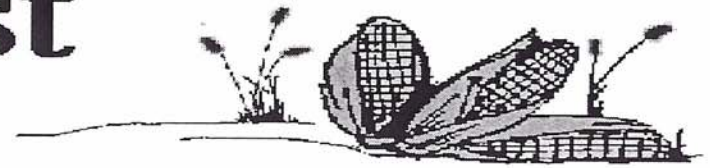


# August

Senior Center 2018



Monday	Tuesday	Wednesday	Thursday	Friday
MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY. ALL PASTA'S AND BREADS ARE MADE WITH WHOLE	<b>KIKSTART INC.</b> <b>623-266-7578</b>	<sup>1</sup> Polish Sausage Mixed Veggies Carrot Raisin Salad Whole Wheat Bread Peaches	<sup>2</sup> Tuna Casserole Broccoli Corn Whole Wheat Bread Apple Slices	<sup>3</sup> Soft Beef Tacos W/ Lettuce, Tomatoes, & Cheese Spanish Rice Pineapples
<sup>6</sup> BBQ Chicken Potatoe Salad Brussel Sprouts Whole Wheat Bread Mandarin Oranges	<sup>7</sup> Grilled Ham & Cheese Baked Potatoes Wedges Tomatoe Soup Whole Wheat Roll Mixed Fruit	<sup>8</sup> Pork Lo Mein Oriental Veggie Mix Beets Whole Wheat Roll Apple Slices	<sup>9</sup> Lemon Pepper Tilapia Varot Raisin Salad Green Beans Whole Wheat Roll Peaches	<sup>10</sup> Cheese Pizza Salad Apple
<sup>13</sup> Meatball Soup Fresh Green Salad w/ Tomatoes & Cucumbers Steamed Corn Pineapple	<sup>14</sup> Baked Pork Chop Spanish Rice Greens Beans Whole Wheat Rll Mixed Fruit	<sup>15</sup> Roasted Chicken Baked Yams Garden Salad Cornbread Mandarin Oranged	<sup>16</sup> Stuffed Bell Peppers Beets Whole Wheat Roll Mixed Fruit	<sup>17</sup> Beef Echiladas w/ Cheese Pinto Beans with Tomatoe & Peppers Chef's Green Veggies Apple
<sup>20</sup> Roasted Turkey Mexican Corn Cabbage Whole Wheat Roll Peaches	<sup>21</sup> Meatloaf Mashed Potatoes w/ Gracy Turnip Greens Whole Wheat Roll Banana	<sup>22</sup> Lemon Pepper Tilapia Carrot Rasin Salad Green Beans Whole Wheat Pineapple	<sup>23</sup> Chicken & Brown Rice Casserole Peas & Carrots Whole Wheat Bread Applesauce	<sup>24</sup> Cheese Pizza Salad Apple
<sup>27</sup> Chicken Fajitas w/ Salsa Onions, Red & Green Peppers Pinto Beans Gelatin w/ Fruit	<sup>28</sup> BBQ Shredded Pork Cole Slaw Mashed Potatoes Banana	<sup>29</sup> Grilled Ham & Cheese Tomatoe Soup Baked Potatoe Wedges Whole Wheat Bread Pears	<sup>30</sup> Tuna Casserole Broccoli Carrots Whole Wheat Roll Mixed Fruit	<sup>31</sup> Beef Echiladas w/ Chesse Pinto Beans w/ Tomatoe & Peppers Spanish Rice Pineapples