




El Mirage Senior Center Lunch Menu – February 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu Subject to Change, 2% Milk Served Daily</p> <p style="text-align: center;">Reserve your lunch 24 hours in advance at 623-876-4232</p>	<p style="text-align: center;">El Mirage Senior Center 14010 N. El Mirage Rd. El Mirage, AZ 85335</p>			<p>1 Oven Baked Fish, Mac “N” Cheese, Vegetables, Dessert</p>
<p>4 Roast Pork, Roasted Yams, Peas, Dessert</p>	<p>5 Soup of the Day, Beef & Broccoli, Brown Rice, Oriental Vegetables, Dessert</p>	<p>6 Apple Balsamic Pork Chop, Mac “N” Cheese, Spinach, Dessert</p>	<p>7 Roast Chicken, Rice Pilaf, Brussels Sprouts, Dessert</p>	<p>8 Baked Fish with Lemon, Potato au Gratin, Squash, Dessert</p>
<p>11 Oven Baked Chicken, Steamed Potatoes, Mexi-corn, Dessert</p>	<p>12 Soup of the Day, Pork Marsala, Linguine, Cauliflower, Dessert</p>	<p>13 Garden Quiche, Broccoli, Dessert</p>	<p>14 Spaghetti with Meatballs, Vegetables, Dessert</p>	<p>15 Salmon in Wine Sauce, Risotto, Vegetables, Dessert</p>
<p>18 Presidents’ Day Senior Center Closed</p> <div style="text-align: center;">  </div>	<p>19 Soup of the Day, Orange Chicken, Brown Rice, Oriental Veggies, Roasted Greens, Dessert</p>	<p>20 Pork Loin with Sauce, Sour Cream Potatoes, Carts, Dessert</p>	<p>21 Roast Turkey, Wild Rice, Seasoned Spinach, Cauliflower</p> <div style="text-align: center;">  </div>	<p>22 Parmesan Crusted Fish, Mac “N” Cheese, Stewed Tomatoes, Dessert</p>
<p>25 Baked Pork Chop, Baked Potato, Pepper and Onion, Dessert</p>	<p>26 Soup of the Day, Beef Stroganoff, Pasta, Peas, Carrots, Dessert</p>	<p>27 Chicken Curry, Rice, Asian led Veggies Zucchini, Dessert</p>	<p>28 Beef Stew, Cabbage, Cauliflower, Dessert</p>	<p>Lunch served at 11:00am</p>