

El Mirage Senior Center Menu – November 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>Menu</h1>			<p>El Mirage Senior Center 14010 N. El Mirage Rd. El Mirage, AZ 85335 623-876-4232 Reserve lunch 24 hours ahead</p>	<p>1 Salmon in Wine, Rice Pilaf, Lima Beans, Dessert</p>
<p>4 Smoked Sausage with Creole Sauce, Mashed Potatoes, Black-eyed Peas, Dessert</p>	<p>5 Soup of the Day, Roast chicken, Roasted Yams, Spinach and Mushrooms, Dessert</p>	<p>6 Roast Beef, Rice Pilaf, Waxed Beans, Dessert</p>	<p>7 Cheese Lasagna, Italian Vegetables, Dessert</p>	<p>8 Tuna Salad Plate, Tomato and Cucumber, Peppers and Onions, Dessert</p>
<p>11 Closed Veterans Day</p> 	<p>12 Soup of the Day, Cabbage Roll, Rice Basmati, Mixed Vegetables, Dessert</p>	<p>13 Pork Loin with Sauce, Roasted Potatoes, Carrots and Broccoli, Dessert</p>	<p>14 Orange Chicken, White Rice, Oriental Vegetables, Dessert</p>	<p>15 Parmesan Fish, Couscous, Butternut Squash, Dessert</p>
<p>18 Seafood Fettucine, Italian Vegetables, Dessert</p>	<p>19 Soup of the Day, Baked Pork Chop, Mashed Potatoes, Zucchini, Dessert</p>	<p>20 Mediterranean Chicken, Risotto, Honeyed Carrots, Dessert</p>	<p>21 Beef Stew, Potatoes, Carrots, Celery and Onions, Dessert</p>	<p>22 Roast Turkey, Sausage Stuffing, Green Casserole, Mashed Potatoes, Dessert</p>
<p>25 Beef Burrito, Black Beans, Guacamole, Dessert</p>	<p>26 Soup of the Day, Country Chicken with Gravy, Rice Pilaf, Corn, Dessert</p>	<p>27 Beef Stroganoff, Seasoned Spinach, Dessert</p>	<p>28 Closed Thanksgiving Day</p>	<p>29 Closed Thanksgiving Day</p>

