

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 Breakfast 8:30 Gardening 9:00 English Class 10:30 Loteria for Prizes 11:30 Lunch 12:00 Commodities	1 8:00 Breakfast 8:30 Gardening 8:30 Sit and be Fit 9:00 Bingo for Prizes 10:00 Exercise with Waynette 11:30 Lunch 12:00pm Cracker Barrel Restaurant	2 8:00 Breakfast 8:30 Gardening 9:00 English Class 10:00 Gloria Nutrition Class 10:00 Sewing Class 11:30 Lunch 12:00 Committee Meeting Everyone Welcome	3 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Exercise with Waynette 11:30 Lunch 12:00 Commodities	4 Rummage Sale 8:00am to 11:00am 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Bingo for Prizes 11:30 Cake Decorating Class
8:00 Breakfast 8:30 Gardening 9:00 English Class 10:30 Lone Butte Casino Senior Center will close at 10:30 today	8 8:00 Breakfast 8:30 Gardening 8:30 Bingo for Prizes 10:00 Wii Bowling Challenge Police Department 10:00 Exercise with Waynette 11:30 Lunch	9 8:00 Breakfast 8:30 Gardening 9:00 English Class 10:00 Nutrition Tips with Gloria 10:00 Sewing Class 11:30 Lunch 12:00 Transit 101 with Valley Metro Presentation	10 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Movie "Abbott and Costello" 10:00 Exercise with Waynette 11:05 Loteria for Prizes 12:00 Commodities	11 8:00 Breakfast 8:30 Gardening 8:45am Bingo for Prizes 10:00 Economic Development Presentation by Tom Doyle 11:30 Cake Decorating Class
8:00 Breakfast 8:30 Gardening 9:00 English Class 10:30 Loteria for Prizes 11:30 Lunch 12:00 Commodities 3:30pm Organ Stop Pizza Restaurant	15 8:00 Breakfast 8:30 Gardening 8:30 Sit and be Fit 9:00 Bingo for Prizes 10:00 Exercise with Waynette 11:30 Lunch	16 8:00 Breakfast 8:30 Gardening 9:00 English Class 10:00 Nutrition Tips with Gloria 10:00 Sewing Class 11:30 Lunch State fair (time to be determined)	17 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Exercise with Waynette 11:30 Lunch 12:00 Commodities	18 8:00 Breakfast 8:15 Gardening 8:30 Bingo for Prizes 9:30-11:30 Crafty Divas Felt Skull Sackets
8:00 Breakfast 8:30 Gardening 9:00 English Class 10:30 Loteria for Prizes 11:30 Lunch 12:00 Commodities	22 8:00 Breakfast 8:30 Gardening 8:30 Sit and be Fit 9:00 Bingo for Prizes 10:00 Health Choice Generation 10:00 Exercise with Waynette 11:30 Lunch	23 8:00 Breakfast 8:30 Gardening 9:00 English Class 10:00 Barber Shop Chorus 10:00 Sewing Class 11:30 Lunch	24 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Exercise with Waynette 11:30 Lunch 12:00 Commodities	25 8:00 Breakfast 8:30 Gardening 9:00 Sit and be Fit 10:00 Bingo for Prizes 11:30 Cake Decorating Class
8:00 Breakfast 8:30 Gardening 9:00 English Class 10:30 Loteria for Prizes 11:30 Lunch 12:00 Commodities 12:30 El Super Market Trip	29 8:00 Breakfast 8:30 Gardening 8:30 Sit and be Fit 9:00 Bingo for Prizes 10:00 Exercise with Waynette 11:30 Lunch	30 Halloween Party 9:00 Special Bingo 10:15 Snacks, Refreshments, and Karaoke 11:00 Costume Contest 11:30 Lunch (menu TBD) 12:00 Door Prize Raffle (must be present)	31	

OCTOBER 2018

El Mirage Senior Center
14010 N. El Mirage Rd.

For more information please call the Senior Center at 623-876-4232 - Senior Center Hours are 8:00am to 1:00pm