

Monday

Tuesday

Wednesday

Thursday

Friday

February 2019

El Mirage Senior Center, 14010 N. El Mirage Rd., El Mirage, AZ

		<p>8:00 Breakfast 1</p> <p>8:30 Walking Club</p> <p>9:00am Bingo for Prizes</p> <p>10:30am Scrapbooking</p> <p>Lunch 11:00am – Special Super Bowl Lunch</p>		
<p>8:00am Breakfast 4</p> <p>8:30 Walking Club</p> <p>9:00 Nutrition Class with Gloria</p> <p>10:00 Exercise with Waynette</p> <p>11:00 Lunch</p> <p>12:00pm Commodities</p>	<p>8:00am Breakfast 5</p> <p>8:30 Walking Club</p> <p>9:30am Bingo for Prizes</p> <p>10:30am Scrapbooking</p> <p>Chinese New Year! Green Tea and Almond Cookies</p>	<p>8:00am Breakfast 6</p> <p>9:00am English Class</p> <p>9:00am Wood Carving Class</p> <p>10:00am Exercise with Waynette</p> <p>10:00am Sewing Club</p> <p>11:00 Lunch</p>	<p>8:00 Breakfast 7</p> <p>9:00-10am Bingo (United Health)</p> <p>10:00am Appetizer Cooking with Melanie (library program)</p> <p>10:00am Line Dancing</p> <p>11:00 Lunch</p> <p>12:00 Commodities</p>	<p>8:00 Breakfast 8</p> <p>8:30 Walking Club</p> <p>9:00am Bingo for Prizes</p> <p>10:30am Scrapbooking</p> <p>10:30am Valentine's Day Cards for Children's Hospital</p>
<p>8:00am Breakfast 11</p> <p>8:30 Walking Club</p> <p>9:00 Nutrition Class with Gloria</p> <p>10:00 Exercise with Waynette</p> <p>11:00 Lunch</p> <p>12:00pm Commodities</p>	<p>8:00am Breakfast 12</p> <p>8:30 Walking Club</p> <p>9:30am Bingo for Prizes</p> <p>10:30am Scrapbooking</p> <p>Wii Bowling Competition in Avondale, Depart time 8:30am-Wii bowlers only</p>	<p>8:00am Breakfast 13</p> <p>9:00am English Class</p> <p>9:00am Wood Carving Class</p> <p>10:00am Exercise with Waynette</p> <p>10:00am Sewing Club</p> <p>11:00 Lunch</p>	<p>8:00 Breakfast 14</p> <p>9:00-10am Bingo (United Health)</p> <p>10:00am Line Dancing</p> <p>11:00 Lunch</p> <p>12:00 Commodities</p>	<p>8:00 Breakfast 15</p> <p>8:30 Walking Club</p> <p>9:00am Free Donuts with Denise (united healthcare) Question and Answer Session</p> <p>10:00am Bingo for Prizes</p> <p>11:00am Arizona Speaks Program</p> <p>12:00pm Lunch</p>
<p>18</p> <p>Senior Center Closed Presidents' Day</p>	<p>8:00am Breakfast 19</p> <p>8:30 Walking Club</p> <p>9:30am Bingo for Prizes</p> <p>10:30am Scrapbooking</p> <p>11:30am Desert Diamond Casino</p> <p>Center closes at 11:30 today</p>	<p>8:00am Breakfast 20</p> <p>9:00am English Class</p> <p>9:00am Wood Carving Class</p> <p>10:00am Exercise with Waynette</p> <p>10:00am Sewing Club</p> <p>11:00 Lunch</p>	<p>8:00 Breakfast 21</p> <p>9:00-10am Bingo (United Health)</p> <p>10:00am Line Dancing</p> <p>11:00 Lunch</p> <p>12:00 Commodities</p>	<p>8:00am Breakfast 22</p> <p>8:30 Walking Club</p> <p>9:00am Bingo for Prizes</p> <p>10:00am Managing Pain as You Age Presentation with Angels Home Health</p>
<p>8:00am Breakfast 25</p> <p>8:30 Walking Club</p> <p>9:00 Nutrition Class with Gloria</p> <p>10:00 Exercise with Waynette</p> <p>11:00 Lunch</p> <p>12:00pm Commodities</p>	<p>8:00am Breakfast 26</p> <p>8:30 Walking Club</p> <p>9:30am Bingo for Prizes</p> <p>10:30am Recycled Art Project "The Junk Lady"</p> <p>10:30 Scrapbooking</p> <p>11:30am Nick's Diner Trip</p> <p>Center closes at 11:30 today</p>	<p>8:00am Breakfast 27</p> <p>9:00am English Class</p> <p>9:00am Wood Carving Class</p> <p>10:00am Exercise with Waynette</p> <p>10:00am Sewing Club</p> <p>11:00 Lunch</p>	<p>8:00 Breakfast 28</p> <p>9:00 Bingo for prizes</p> <p>10:00am West African Kora (Harp) library program</p> <p>10:00am Line Dancing</p> <p>11:00 Lunch</p> <p>12:00 Commodities</p>	<p>Hours: 8:00am – 1:00pm Monday-Friday</p> <p>Phone Number: 623-876-4232</p> 